### **MEWATA ACTIVITY REPORTS OF JANUARY TO MARCH 2018**

## **ORIENTATION DAY**



On the 24/1/18 the MEWATA team from Njombe and other regions met at Green City Hall in Makambako for the pre-mass screening orientation as well as job description for every health care provider. The team was oriented on what would be done during the screening campaign and on the tools and registers that would be used during the activity.



## MASS SCREENING ACTIVITY IN NJOMBE REGION:

Mass screening activity in Njombe was conducted in three days, from 25<sup>th</sup> to 27<sup>th</sup> January 2018 at Makambako Hospital Grounds and official opened by Njombe Regional Commissioner Hon. Christopher Ole Sendeka. In his speech, he thanked MEWATA for bringing this activity to Njombe Region and he encouraged people to be screened during this campaign. Also he highlighted out that the issues revolving around NCDs and especially Cervical Cancer being of great challenge worldwide and thus the importance of early detection of diseases through screening services.

During the three days we managed to screen 3186 clients, the number exceeded our target, whereby among them **342** (10.7%) were men. Services provided were Cervical and Breast Cancer screening, measuring Blood pressure, Blood glucose level and BMI together with TB and HIV screening. We also had a blood donation and family planning section during the campaign.



### **OUR SUPPORT**

MEWATA President, Secretary and Activity coordinator had a short meeting with the Regional Administrative Secretary and his team on 29<sup>th</sup> January 2018 to present summary of the activity andhanded over a Cryotherapy machine for Matembwe Health Centre. Apart from incentives supports to the facilities, MEWATA had conducted Advocacy meeting to RCHMT/CHMTS, Cervical cancer procedures training to Health care providers from different health facilities ,andorientation to Community Health workers for capacity building and sustainability of screening services in Njombe Health facilities.

#### **ADVOCACY MEETINGS:**

MEWATA in collaboration with MoHCDGEC conducted two advocacy meetings for sensitization and awareness of Breast and Cervical cancer, Tuberculosis and other Non Communicable Diseases i.e Diabetes, Hypertension, and Obesity.



The first meeting conducted on 8<sup>th</sup> to 9<sup>th</sup> 2018 which involved 18 participants from RCHMT/CHMT team and it was official opened by Regional Administrative Secretary,Mr.Ramadhani Kaswa.



The second Advocacy meeting was conducted on 10<sup>th</sup> March 2018 and involved 26 participants i.e Councellors (Lindi Municipal Council and Kilwa District Council) and Religious leaders /representatives. The meeting was opened by Mayer Hon. Muhhamed Lihumbo s the prior preparations of the mass screening activities in Lindi.

# CAPACITY BUILDING ACTIVITIES;



MEWATA in collaboration with the MOHCDGEC-RCHS (Reproductive Cancers Unit) organized six days CECAP (cervical cancer prevention) training to health care providers from Lindi Region. The training was officially opened by the Regional Medical Officer, Dr.Makenge

Total of 16 Participants (Nurses and Clinicians.) fro Lindi Municipal and district council were trained. The aim of this training was to impart knowledge, skills and attitude to identify and managing clients with pre-cancerous lesion of the cervix in their facilities.



On 9<sup>th</sup> March 2018 the orientation meeting was conducted to 16 Community health workers (CHW) from Lindi Municipal nad district council. The aim of the session was to impart knowledge on Breast/Cervical cancer ,Tuberculosis and other Non communicable diseases and mostly is to discuss about the role of CHW in prevention and eradication through acutely detection and management of the diseases in our community in general and especially the sensitization of the upcoming mass screening campaign.



### MASS SCREENING ACTIVITY IN LINDI REGION:

On Wednesday, the 21/3/18 all service providers from different areas met at Regional commissioner Hall in Lindi for the pre-mass screening orientation as well as job description for every health care provider. The session of opened by Regional Medical Officer, Dr.Makenge, in his speech insisted the participants from Lindi to use this activity as the platform to meet medical professionals and earn more knowledge and skills with different for the benefit of their career and facilities. The team was oriented on what would be done during the screening campaign and on the tools and registers that would be used during the activity.



Mass screening activity was conducted from 22<sup>nd</sup> to 24<sup>th</sup>, March 2018 and official opened by Former First Lady and member of Parliament, Hon.Mama Salma Rashid Kikwete, whereby she thanked MEWATA and Bristol- Myers Squibb Foundation Secure The Future for the support and bringing this activity to Lindi Region and she encouraged people to be screened during this campaign. In Her speech, she highlighted out that Lindi is the Region with a lot of health centers which provide cervical cancer screening services, so every woman have the right to visit these sites and grab this opportunity for the sake of their health and lives. She also reminded the community to avoid and never entertain traditional beliefs which seems to be major obstacle in fighting against the diseases in Tanzania.

During the three days of the campaign we exceeded our target population by screening **3577** people whereby among them **532** (14.9%) were men.

Services provided were Cervical and Breast Cancer screening, measuring Blood pressure, Blood glucose level and BMI together with TB and HIV screening. We also had a blood donation and family planning section during the campaign.

